

16 Days of Activism Against Gender Based Violence 2023



Hertfordshire Events Calendar

The Hertfordshire Domestic Abuse & Violence Against Women & Girls (VAWG) Partnership uses the United Nations definition of Violence Against Women & Girls: this refers to any act of violence against women or girls that results in, or is likely to result in, physical, sexual or psychological harm or suffering to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether occurring in public or in private life. This includes rape and other sexual assault, stalking, domestic abuse, so called 'honour based' abuse (including female genital mutilation and forced marriage and 'honour' killings), 'revenge porn' and 'upskirting', as well as many other crimes.

What's on?	When and Where?	How can I attend?
<p>Survivors Against Domestic Abuse (SADA) Café Exhibition</p> <p>This event is an opportunity for SADA Survivors to share everyday items that are triggers from their past situations.</p> <p>Lunch is available for a small donation and the exhibition will be available to view from 2pm onwards.</p>	<p>Wednesday 22 November 2023 Lunch from 12PM Exhibition from 2PM</p> <p>Ingelheim House, Daneshill House, Stevenage SG1 1HN</p>	Just show up!
<p>Walk for Women of Watford - Watford Borough Council, Safer Watford, Everyone Active, Veolia and Business Improvement District (BID)</p> <p>One of a number of partnership walks to acknowledge Women in Watford who have experienced domestic abuse. The aim of the partnership is to collectively walk at least 186 miles to represent the number of incidents of domestic abuse reported in Watford in 2022.</p>	<p>Wednesday 22 November 2023</p> <p>Starts 1:30PM</p> <p>Watford Town Hall, Watford, Rickmansworth Road, WD17 3EW</p>	Just show up!
<p>Women of Watford Pop-up Stand</p> <p>-Information stand by Walk for Women of Watford handing out leaflets, ribbons, stickers, balloons, badges and information about White Ribbon and to signpost support available about domestic abuse.</p>	<p>Wednesday 22 November 2023</p> <p>12PM - 4PM</p> <p>Entrance to Atri, High Street, Watford (near TGI Fridays)</p>	Just show up!
<p>White Ribbon Stand at St Albans Market</p> <p>St Albans Council will have a White Ribbon stand at St Albans Market. St Albans Mayor, Councillor Anthony Rowlands and MP Daisy Cooper will be in attendance.</p>	<p>Saturday 25 November 2023</p> <p>St Peter's St, St Albans, AL1 3DP</p>	Just show up!
<p>Safer Places Community Engagement and Safety Pop-up Stand</p> <p>Information stand giving information and safety aids including anti-spiking kits, Hollie Apps etc aimed to keep women and girls safe when out at nighttime.</p>	<p>Saturday 25 November 2023</p> <p>From 7PM</p> <p>High Street, Watford, near Pryzm</p>	Just show up!
<p>Friends of SADA Charity Ball Launch 2023</p> <p>The Ball is going to be a fantastic evening filled with food, dancing and even an auction. All to raise money and awareness of the Friends of SADA Charity.</p>	<p>Saturday 25 November 2023</p> <p>Mercure Letchworth Hall Hotel, Letchworth Lane, SG6 3NP</p>	Tickets available from £49.50 www.friendsofsada.co.uk or by email.

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Herts Sunflower

What's on?	When and Where?	How can I attend?
<p>Hemel Hempstead Library 16 Days of Action Book Curation</p> <p>Hemel Hempstead Library will be displaying a curation of 16 Days of Action themed books during the period. The books will be available to all to browse, and to Library members to borrow. Information about how to access specialist support will be available from display, and from the Library staff.</p>	<p>Saturday 25 November to Sunday 10th December</p> <p>Hemel Hempstead Library, The Forum, Hemel Hempstead, HP1 1DN</p>	Just show up!
<p>Walk for Women of Watford – led by Watford Community Housing Trust & Watford Women's Centre</p> <p>One of a number of partnership walks led by organisations in Watford to acknowledge Women in Watford who have experienced domestic abuse. The aim of the partnership is to collectively walk at least 186 miles to represent the number of incidents of domestic abuse reported in Watford in 2022.</p>	<p>Tuesday 28 November 2023</p> <p>12PM - 2PM</p> <p>Watford Community Housing Trust, Clarendon Road, WD17 1LA</p>	Just show up!
<p>Domestic Abuse & Civil Injunctions Webinar Training</p> <p>This training will be delivered by the Domestic Abuse Alliance.</p>	<p>Tuesday 28 November 2023</p> <p>1PM – 2:30PM</p>	Email hpft.safeguardingtraining@nhs.net to book on.
<p>Welwyn/Hatfield 5-as-Side Football Tournament</p> <p>5-a-Side football Tournament held to raise awareness of Violence Against Women and Girls and the White Ribbon Campaign. All participants must be aged 16 or over and the event is open to both men's and women's teams.</p>	<p>Tuesday 28 November 2023</p> <p>6:30PM - 8:30PM</p> <p>Gosling Sports Park, Stanborough Rd, Welwyn Garden City, AL8 6XE</p>	Just show up!
<p>Healthy Hub Cake Sale</p> <p>Healthy Hub in South Oxhey will be holding a cake sale to raise money for The Herts Mind Network Domestic Abuse service during the 16 days of activism. All cakes will be between 25p and 50p.</p>	<p>Thursday 7th December 2023</p> <p>11AM - 4:30PM</p> <p>Healthy Hub Oxhey Library, Bridlington Road, South Oxhey, WD19 7AG</p>	Just show up!
<p>Safer Places 16 Days of Action Webinars</p> <p>Safer Places are running a series of free webinars to mark the 16 Days of Action. Themes will include: Everyday Sexism & Misogyny; Sexual Harassment; Online Abuse & a Violence Against Women & Girls (VAWG) Workshop.</p>	<p>Online throughout the 16 Days of Action (25th November – 10th December)</p>	Book your place through Eventbrite here.
<p>Everyone Active - Free guest vouchers</p> <p>Free guest vouchers for all female members to give access to gym sessions or classes for their mums, daughters or female friends</p>	<p>Available throughout the 16 Days of Action (25th November – 10th December)</p>	In person booking required

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If you or another person is at risk of harm, please always call the Police on 999

We have a wide range of support available within Hertfordshire for those subjected to or otherwise affected by Violence Against Women & Girls (VAWG).

Domestic Abuse

If you are a victim of domestic abuse, or if you're concerned about someone you know, you can call the **Hertfordshire Domestic Abuse Helpline on 08 088 088 088** for advice and signposting to a relevant support service. Lines are open Monday – Friday 9am – 9pm, 9am – 4pm on weekends.

Rape and Sexual Assault

If you have been a victim of rape or sexual assault, you can contact the Hertfordshire Independent Sexual Violence Advisory Service on 0300 002 0003 or [visit their website](#).

Honour Based Abuse and forced marriage

If you or someone that you know has been, or could be, the victim of Honour Based Abuse or forced marriage, you can call Karma Nirvana on 0800 5999 247 or [visit their website](#).

Female Genital Mutilation

You can contact the [NSPCC](#) anonymously by phone on 0800 028 3550 or email fgmhelp@nspcc.org.uk if you're worried that a girl or young woman is at risk or is a victim of Female Genital Mutilation (FGM).

Stalking

If you or someone that you know is being stalked or receiving unwanted contact from someone, please contact the Police in the first instance. You can also receive support from Suzy Lamplugh Trust's National Stalking Helpline: 0808 802 0300.

For more information, and an expanded directory of support services, visit the [Herts Sunflower website](#).