

25 November - 10 December 2024

Herts Domestic Abuse Helpline: 08 088 088 088

Ring the police on 101, or in an emergency dial 999

Visit: www.hertssunflower.org



Event	Practicalities	Description	How to Attend
White Ribbon Fundraiser: 'Clocking up 100 miles'	22 November 11am – 5pm The Clock Tower, St Albans City Centre	Staff from the Domestic Abuse (DA) Alliance, along with local police officers who refer into our support service, will take turns to 'clock up the miles' on exercise bikes. Cyrus, the town's popular busking soul singer, will lead the vocal support for participants.  Members of the public will be encouraged to donate towards our fundraising target in exchange for a white ribbon.	Just show up
'Reclaim the Night' March	24 November 5pm Watford Met Underground Station	Join our march on the eve of the United Nations International Day of Eliminating Violence Against Women and Girls to support Watford Women's Centre.	Just show up
Raising awareness, spotting the signs, referral pathways and Clare's Law	25 November 1.30pm – 2.30pm Civic Offices, Elstree Way, Borehamwood, WD6 1WA	Run by SAWHR and hosted by Hertsmere Borough Council.  As part of White Ribbon Day 2024 and the 16 Days of Activism we are hosting domestic abuse awareness sessions for council staff, elected members and partners. The one and two hour sessions delivered by SAHWR will help to raise awareness of domestic abuse and how to spot the signs, the referral pathways and Clare's Law the Domestic Violence Disclosure Scheme. The two hour sessions will provide a more in-depth look at the effects of domestic abuse and the impact it can have on adults and children.	Register Here
White Ribbon Day	25 November – all day Three Rivers District Council	White Ribbon flag raising in the morning. A White Ribbon table display will be in the office sharing information about becoming a champion or ambassador.	Just show up
Impakt 'Coffee & Cake' Networking Event	25 November 10am – 12pm Ernest Gardiner Centre, Pearsall Close, Pixmore Avenue, Letchworth, SG6 1QZ	We are giving colleagues the opportunity to speak about their White Ribbon pledge and their service at this event. A verbal presentation, no more than 5-10-minutes, about your service and referral pathways, and any White Ribbon events you are hosting etc. Email <a href="mailto:sarah.cowen@impakt.org.uk">sarah.cowen@impakt.org.uk</a> if you would like to book one of the four available speaking slots. Please note there is limited parking, but free on-street parking nearby.	Please book your place by 5pm on Friday 22 <sup>nd</sup> November, either by calling 0300 3735677 or by emailing dastreferrals@impakt.org.uk



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Watford Women's Centre Stall	25 November From 10am Atria Shopping Centre (Upper Mall) – near M&S	Watford Women's Centre will have a charity stand at the Atria Shopping Centre. Come and see us to find out about the support available to people in Hertfordshire throughout the year.	Just show up
Chris Halls 'Unseen Echoes Exhibition' – Hosted by Friends of SADA	26 November 12pm – 2.30pm Ingleheim Lounge, Stevenage Borough Council Offices, Daneshill House, Danestrete, Stevenage, SG1 1HN	The exhibition will be taking place to mark the 16 Days of Action Against Domestic Abuse national campaign. Refreshments will be available on the day for a small donation to the Friends of SADA Charity.	Email Roxie.Chambers@stevenage.gov.uk if you would like to attend.
Welwyn Hatfield Borough Council 'White Ribbon Football Tournament'	26 November 5pm – 10pm Gosling Sports Park, Welwyn Garden City	The Community Partnerships Team at Welwyn Hatfield Borough Council will be hosting a White Ribbon Football Tournament.	Just show up
How do abusers trap victims? What are the early signs of domestic abuse? – Webinar	26 November 10am- 11am Online via MS Teams	Safer Places Training team are delivering webinars on the patterns and red flags of domestic abuse.	Register Here
Lister Hospital Domestic and Sexual Abuse Team Stall	26 November 11am – 3pm Lister Hospital Main Entrance	The Hospital Domestic and Sexual Abuse Team will be holding a stall in 'The Hub' area (main entrance) at the Lister Hospital.	Just show up
Arts, Craft & Cake – Herts Mind Network	27 November Watford Wellbeing Centre	Come and join us for a day of arts, craft and cake.	Email dac@hertfordshiremind.org for more information.
'Oranging' County Hall	27 November 5:30 – 7pm County Hall (Front Reception), Hertford	County Hall will be lit up orange in support of the UN 'Orange the World' campaign to end gender-based violence, using the colour orange to represent a world free from violence.	Just show up



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How do young girls experience domestic abuse? – Webinar	29 November 10am- 11am Online via MS Teams	Safer Places Training team are delivering webinars on the patterns and red flags of domestic abuse.	Register Here
Raising awareness, spotting the signs, referral pathways and Clare's Law	29 November 10.30am – 11.30am Civic Offices, Elstree Way, Borehamwood, WD6 1WA	Run by SAWHR and hosted by Hertsmere Borough Council.  As part of White Ribbon Day 2024 and the 16 Days of Activism we are hosting domestic abuse awareness sessions for council staff, elected members and partners. The one and two hour sessions delivered by SAHWR will help to raise awareness of domestic abuse and how to spot the signs, the referral pathways and Clare's Law the Domestic Violence Disclosure Scheme. The two hour sessions will provide a more in-depth look at the effects of domestic abuse and the impact it can have on adults and children.	Register Here
What is domestic abuse and coercive control? What are the patterns of control? – Webinar	3 December 10am – 11am Online via MS Teams	Safer Places Training team are delivering webinars on the patterns and red flags of domestic abuse.	Register Here
Together We Stand - Charity Walk	4 December Meet at 10am The Hive, Leavesden County Park, WD5 ONX	Calling all men, women and children living in Three Rivers!  Join this charity walk in aid of the Hertfordshire Domestic Abuse Helpline.  Collectively we will walk 409km, representing the 409 domestic abuse crimes that were reported in Three Rivers in 2023.  Organised by Three Rivers District Council.  We are asking for a £2 cash donation per adult participating in the walk.	Just show up
What is post separation abuse? How do abusers continue the abuse after separation? - Webinar	6 December 10am – 11am Online via MS Teams	Safer Places Training team are delivering webinars on the patterns and red flags of domestic abuse.	Register Here



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Safer Futures: Understanding the impact of domestic abuse on babies	9 December 10 - 11am Online	Join us for a webinar hosted by The For Babys Sake Trust and Safer Places, as we explore the often-overlooked impact of domestic abuse on babies and infants.	Register via Safer Futures
Raising awareness, spotting the signs, referral pathways and Clare's Law	9 December 10.30am – 12.30pm and 1pm –3pm Civic Offices, Elstree Way, Borehamwood, WD6 1WA	Run by SAWHR and hosted by Hertsmere Borough Council. As part of White Ribbon Day 2024 and the 16 Days of Activism we are hosting domestic abuse awareness sessions for council staff, elected members and partners. The one and two hour sessions delivered by SAHWR will help to raise awareness of domestic abuse and how to spot the signs, the referral pathways and Clare's Law the Domestic Violence Disclosure Scheme. The two hour sessions will provide a more in-depth look at the effects of domestic abuse and the impact it can have on adults and children.	Register Here



# **About the Campaigns**



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#### 16 Days of Activism Against Gender-Based Violence (25 Nov - 10 Dec):

Every year, people across the world come together to celebrate the international 16 Days of Activism Against Gender-Based Violence campaign. It runs from the 25 November (International Day Against Violence Against Women) to the 10 December (International Human Rights Day). It calls for an end to gender-based violence, also commonly known as 'violence against women and girls'\*.

In 2024, the international campaign's theme (via UN Women UK) is 'Take your stand against gender-based violence and show there's #NoExcuse'.

\*'Violence Against Women and Girls' describes a range of harmful or abusive behaviours that disproportionately affect women and girls, including sexual violence, stalking and harassment, domestic abuse, 'honour-based abuse' and 'revenge porn'. They can affect anyone and have traumatic, long-lasting impacts.

#### White Ribbon Day (25 Nov):

White Ribbon UK is the UK branch of the international White Ribbon movement, working to prevent all forms of male violence against women. It does this by raising awareness and engaging with men and boys to prevent violence and promote gender equality and diversity through culture change.

Individuals can make the White Ribbon Promise, 'to never use, excuse or remain silent about men's violence against women', and wear their white ribbons to raise awareness and show solidarity. They can also commit to becoming White Ribbon ambassadors or champions, engaging with others and promoting culture change around the topic of violence against women and girls.

Organisations can become 'White Ribbon Accredited', meaning they commit to a range of positive actions to promote culture change within their own organisations and local communities. Many Hertfordshire DA & VAWG Partnership organisations are already White Ribbon Accredited, or working on achieving their accreditation.

White Ribbon Day takes place on 25 November every year, raising awareness about the work of White Ribbon and the need for male allyship in ending violence against women and girls. 2024's White Ribbon Day theme is #ItStartsWithMen, addressing the attitudes and behaviours that contribute to a fear of violence for women in their day-to-day lives.

#### Orange the World (25 Nov & throughout period)

'Orange the World' is Part of the UN UNITE Campaign to end violence against women by 2030. It encourages public buildings, spaces, organisations, and individuals to use the colour orange to raise awareness of violence against women and girls. The colour orange represents a brighter future, free from violence.

'Orange the World' is intended for 25 November but encouraged during the whole 16 Days of Activism period (25 November – 10 December).